

Upper GI Endoscopy

Instruction for Morning Procedure

Please follow these instructions instead of manufacture instructions given by the pharmacy.

Diet

1. Nothing to eat or drink by mouth after 12:00AM Midnight.

Medications

1. Stop taking Coumadin (a blood thinning medication) and Iron 7 days before the procedure, if possible. Please consult with your primary care physician to make sure it is OK to stop your Coumadin. We will test your blood the day before the procedure to make sure that your blood is not too thin.
2. Please let us know if you are taking any of the following: Aspirin, Plavix, Bufferin, Motrin, Ibuprofen, Advil, Naprosyn, Aleve, Nuprin, Alka-Seltzer, Aggrenox or any other blood thinner.

You should otherwise take all of your other usual medications the day of the exam with a small amount of water.

Diabetic Patients

1. Do not take oral diabetic medication (pills) the day of the exam.
2. If Insulin is used at bedtime, take half of your usual dose.
3. If Insulin is used twice a day, take half of your morning dose on the day of the exam.

Date of Exam: ___ / ___ / _____ **Time of Exam:** ___ : ___ am/pm **Arrival Time:** ___ : ___ am/pm

Please make arrangements for someone to drive you home after the exam. Due to the medication administered to sedate you, you will be unable to drive or take on any responsible tasks for the remainder of the day. The exam WILL NOT BE DONE IF YOU COME BY YOURSELF, VIA BUS, OR TAXI CAB. You should be ready for discharge approximately 30 minutes after the exam.

Patients who have procedures will receive bills from separate entities, including GAB Endoscopy Center and Digestive Diseases Center.

- The statement from GAB Endoscopy Center is the facility charges, similar to a statement you would receive if your procedure was performed in a hospital setting.
- The statement from Digestive Diseases Center is the physician charges for the procedure.

Additionally, you may receive statements from anesthesia, pathology, and laboratory if services were rendered. Please contact your insurance carrier to verify your coverage as all unpaid charges are the responsibility of the patient.

Baptist Medical Center 111 Dallas Street San Antonio, Texas 78205 (210)-297-7000	Christus Santa Rosa Hospital Alamo Heights at 403 Treeline Park San Antonio, Texas 78209 (210)-294-8000	Connally Memorial Medical Center 499 10th Street Floresville, Texas 78114 (830) 393-1300	GAB Endoscopy Center, Ltd 621 Camden Street #102 San Antonio, Texas 78215 (210) 253-3430
Medina Regional Hospital 3100 Avenue E Hondo, Texas 78861 (830) 426-7700	Metropolitan Methodist Hospital 1310 McCullough San Antonio, Texas 78212 (210) 757-2200	Mission Trails Baptist Hospital 3333 Research Plaza San Antonio, Texas 78235 (210) 297-3000	Nix Medial Center 414 Navarro Street San Antonio, Texas 78205 (210) 271-1800
Nix Alamo Heights 5307 Broadway St Ste 200 San Antonio, Texas 78209 (210) 824-3130	South Texas Regional Medical Center 1905 Highway 97 East Jourdanton, Texas 78026 (830) 769-3515	Southwest General Hospital 2317 Sw Military Dr San Antonio, TX 78224 (210) 922-8989	Christus Santa Rosa Hospital Westover Hills at 11212 TX-151 San Antonio, Texas 78251 (210) 703-8000