

Liver Biopsy - Preparation

Your physician has determined that as part of your medical evaluation you should undergo a liver biopsy. This procedure involves a needle to be passed through your skin between two ribs on the right side of your lower chest, into your liver to obtain a piece of liver tissue about one to two inches long and 1/16th of an inch in diameter. Before the biopsy, you will receive a local anesthetic at the biopsy site. The biopsy procedure will take approximately 20 minutes and you will remain in our facility for 3-4 hours afterward to be monitored for possible but rare complications.

Diet

1. Nothing to eat or drink by mouth after 12 Midnight the night before the exam.

Medications

1. Stop taking Coumadin (a blood thinning medication) and Iron 7 days before the procedure. Please consult with your primary care physician to make sure it is OK to stop your Coumadin.
2. Please discontinue any aspirin or aspirin contain procedure as well as arthritis medication (Motrin Feldene, Advil, Indocin, etc.) for 7 days prior to the procedure and 7 days after your procedure.
3. Do not take oral diabetic medication (Pills) the day of the exam.
4. If Insulin is used at bedtime, take half of your usual dose.
5. If Insulin is used twice a day, take half of your morning dose on the day of the exam.
6. You should otherwise take all of your medication as usual the day of the exam with as little water as possible.

Labs

1. Three (3) days before the liver biopsy you need to have blood drawn.

Patient Name: _____

Facility: _____

Date of Exam: ____/____/____

Time of Exam: _____ AM / PM

Arrival Time: _____ AM / PM

Baptist Medical Center
111 Dallas Street
San Antonio, Texas 78205
(210) 297-7000

Mission Trails Baptist Hospital
3333 Research Plaza
San Antonio, Texas 78235
(210) 297-3000

Christus Santa Rosa Hospital
Alamo Heights at 403 Treeline Park
San Antonio, Texas 78209
(210) 294-8000

Connally Memorial Medical Center
499 10th Street
Floresville, Texas 78114
(830) 393-1300

GAB Endoscopy Center, Ltd
621 Camden Street, Suite 102
San Antonio, Texas 78215
(210) 253-3430

Nix Medical Center
414 Navarro Street
San Antonio, Texas 78205
(210) 271-1800

Medina Regional Hospital
3100 Avenue E
Hondo, Texas 78861
(830) 426-7700

Metropolitan Methodist Hospital
1310 McCullough
San Antonio, Texas 78212
(210) 757-2200

South Texas Regional Medical Center
1905 Highway 97 East
Jourdanton, Texas 78026
(830) 769-3515

Nix Alamo Heights
5307 Broadway, Suite 200
San Antonio, Texas 78209
(210) 824-3130

Christus Santa Rosa Hospital
Westover Hills at 11212 TX-151
San Antonio, Texas 78251
(210) 703-8000

Southwest General Hospital
2317 S W Military Drive
San Antonio, Texas 78224
(210) 922-8989