



Esophageal Manometry - Preparation

Your physician has determined that as part of your medical evaluation you should undergo an Esophageal Motility. This procedure will be performed by a nurse and only takes about 30 minutes. Your nose and throat will be numbed with a liquid to minimize any discomfort associated with the placement of small catheter through your nose and into your stomach. During the study you will be asked to take deep breaths or to swallow a number of times. The recording will then be transferred to a report for physician review.

Please follow these instructions instead of manufacturer instructions given by the pharmacy.

Diet

1. You may NOT have any solid food 6 hours prior to procedure, stop eating at _____ AM/PM.
2. You may NOT have any liquids 4 hours prior to procedure, stop drinking at _____ AM/PM.

Medications

1. You should otherwise take all of your medications as usual the day of the exam with as little water as possible.
2. Discontinue taking any Proton Pump Inhibitors (Omepraole, Prilosec, Lansoprazole, Prevacid, Raberazole, Aciphex, Pantoprazole, Protonix, Esomeprazole, Nexium, Zegerid, etc.) 1 week before the exam only if having PH Study.

Date of Exam: ____/____/____

Time of Exam: _____ AM / PM

You are NOT sedated during this procedure; you may drive yourself to and from this appointment.

There is a possibility that your insurance company may not cover these procedures, we suggest that you contact your insurance company prior to the exam to verify coverage. All unpaid charges will be the responsibility of the patient.

GAB Endoscopy Center, Ltd
621 Camden Street #102
San Antonio, Texas 78215
(210) 253-3430