



Capsule Endoscopy Examination - Preparation

Your physician has determined that as part of your medical evaluation you should undergo an examination known as SB Capsule Endoscopy. This procedure involves ingesting a small (the size of a large vitamin pill) Pill Cam™ SB capsule which will pass naturally through your digestive system while taking pictures of the intestine. The images are transmitted to the Sensor Array™ which is placed on your abdomen. The Sensor Array™ is attached to a walkman-like Data Recorder™ which saves all the images. It is located in the Recorder Belt™, which is worn around your waist. After 8 hours, you will remove the Recorder Belt™ and return it to your physician for processing. The Pill Cam™ SB capsule is disposable and will be excreted naturally in your bowel movement. In order for your physician to get the most accurate information from this examination, you will need to follow the instructions below.

Please follow these instructions instead of manufacturer instructions given by the pharmacy.

Diet

The day before your exam starting at noon you will need to be on a Clear Liquid Diet. Examples of Clear Liquids include: fat-free broth, bouillon, liquid portions of soup, coffee, tea, pulp-free juices, sodas, popsicles, etc. It is okay to use one to two ounces of milk to flavor your coffee. Please AVOID anything with BRIGHT artificial colorings such as RED, BLUE or GREEN dye (this will turn your colon that color!) AVOID JELL-O as this will harden your stools. It is important to drink adequate fluids throughout the day. DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT WITH THE EXCEPTION OF A SIP OF WATER TO TAKE YOUR MORNING DOSE OF MEDICATION AND LAXATIVE.



Laxative Dosage

The day before your exam – mix Golytely with a GALLON of distilled drinking water and place it in the refrigerator. At 6:00 PM begin the prep by drinking one 8 ounce glass of Golytely every 10 minutes until half mixture is consumed.

Diabetic Patients

1. Do not take oral diabetic medication (pills) the day of the exam.
2. If insulin is used at bedtime, take half of your usual dose.
3. If insulin is used twice a day, take half of your morning dose on the day of the exam.

Prior to the Exam

1. Abstain from smoking 24 hours prior to undergoing SB capsule endoscopy.
2. Do not take any Iron for 7 days prior.
3. Do not take any Mylanta, Maalox or Pepto-Bismol.
4. Take your medication with a sip of water at least 2 hours prior to your scheduled arrival.

Date of Exam: ____/____/____

Time of Exam: _____ AM / PM

Arrival Time: _____ AM / PM

There is a possibility that your insurance company may not cover these procedures, we suggest that you contact your insurance company prior to the exam to verify coverage. All unpaid charges will be the responsibility of the patient.