



Anorectal Manometry - Preparation

Your physician has determined that as part of your medical evaluation you should undergo an Anorectal Motility. A small well lubricated catheter is inserted into your rectum to measure the pressures of several muscles. During the exam, a small balloon at the tip of the catheter will be inflated to test normal reflex pathways. You will be asked to squeeze and release various times allowing the nurse to measure the anal sphincter muscle pressure. The recording will then be transferred to a report for physician review.

Please follow these instructions instead of manufacturer instructions given by the pharmacy.

Diet

On the Day of Procedure you may have breakfast, no solids 5 hours prior to procedure, nothing to eat or drink 2 hours prior to arrival time.

Laxative Dosage

On the Day of the Exam about 1 hour before you leave home please use 1 Fleet Enema (purchase over the counter)

Date of Exam: ____/____/____

Time of Exam: _____ AM / PM

You are NOT sedated during this procedure; you may drive yourself to and from this appointment.

There is a possibility that your insurance company may not cover these procedures, we suggest that you contact your insurance company prior to the exam to verify coverage. All unpaid charges will be the responsibility of the patient.